



# COLLEGE PARK SCHOOL

## January 2016 Newsletter

K. David McLennan, Principal

Tracy Rideout-Brace, Vice-Principal

HOME  
OF  
THE  
COBRAS

*"Ensuring all  
students learn  
and thrive."*

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## Message From the Principal

Welcome to 2016. I hope all of you have had a great holiday break and have been able to find some time to relax and enjoy the company of family and friends. Positive relationships are foundational in ensuring our students achieve success in school and in life. This is something that we strive foster at College Park and communication between the home and the school plays an integral role in this endeavour. Student success does not happen by accident, the partnership between the school and the home is an important part of making sure that each student achieves success. It was encouraging to me to see all of the parents, grandparents, uncle's, aunt's and siblings here at our Christmas Concerts this past December. I would like to extend an invitation to all parents and community members to continue to look for opportunities to get involved in our school and participate in our Children's learning. If you have any questions, concerns or would just like to chat, please feel free to contact us at the school. Another opportunity to get involved would be to attend an SCC meeting. Our next meeting will be at 7:00 p.m. on Tuesday January 19. Keep checking our Website for updates and things happening at our school, follow our twitter account, and/or follow us on Facebook.

Happy New Year from all of us to all of you.

K. David McLennan,

Principal





We are on the web!

[collegepark.lpsd.ca](http://collegepark.lpsd.ca)

Check us out for newsletters and more!



Us on facebook

[facebook.com/CollegeParkLPSD](https://facebook.com/CollegeParkLPSD)

Follow us on twitter!

[@CollegeParkLPSD](https://twitter.com/CollegeParkLPSD)



# 3 on 3 Basketball

LPSD Elementary Sports League 3 on 3 Basketball starts January 5 and ends February 11, 2016. All Boys & Girls from grades 5 & 6 can play. Tuesdays and Thursdays are game day. Game times start at 3:45 and go to 5:00. Please arrange rides to and from the schools. Practices will be every Thursday morning at 7:30 until 8:15 am and Friday at lunch 12:10-12:30 pm. Coaches: Mr. C. Walker and Mrs. K. Smith

# Environment Club

Bring in those batteries that lit the Christmas toys... spent printer cartridges from the holiday letters; dead electronics for whatever reason! College park will recycle all these items and more: Dead and dried up markers, highlighters, pens - we will take them too. All items can be deposited in the green boxes in each pod hallway. Remember as well to continue bringing in your milk jugs!

# Basketball

## **Jr. Boys Basketball Games**

- Thursday, January 7 - CP vs Eagleview @ Eagleview (Onion Lake) 4:30 PM
- Tuesday, January 12 - CP vs JP11 @ JP11 (North Battleford) 4:30 PM (MST) or 5:30 PM (CST)
- Thursday, January 14 - CP vs Holy Rosary @ College Park 4:00 PM
- Thursday, January 21 - CP vs Bishop Lloyd @ College Park 4:00 PM

## **Tournaments**

- 1) January 8-9 Holy Rosary Tournament
- 2) January 15-16 Warman Tournament
- 3) January 22-23 Hot Hoops Tournament (E.S. Laird)

"January is here, with eyes that keenly glow,  
A frost-mailed warrior striding a shadowy steed of snow."  
- Edgar Fawcett

## AMA SCHOOL SAFETY PATROL CORNER

# *Friendly TIPS FOR SCHOOL ZONE Safety*

School parking lots are hot spots for pedestrian collisions. Please avoid 'No Parking' zones and encourage your kids to walk around, not cut through. Even if there are visitor spots, park down the block to cut congestion.

Teach 'mini-me' to be safe at school with fun activities at [www.WayToBe.ca](http://www.WayToBe.ca)



## From the Band Room

We had quite a busy December in the band world, condensing a lot into a few short weeks :)

November 30th brought our winter concert, which was a resounding success! Students in all of the ensembles played very well and I am very proud of the work our ensembles are doing so far. Great job Cobras!

On December 9th, Calvin Clements, Jordana Hutchins, and Neil Scott joined the LPSD Tuba Christmas ensemble to perform a whirlwind tour of LPSD with stops at ES Laird School, College Park, Barr Colony School, Queen Elizabeth School, and Rendell Park School. The tour concluded that evening with a concert that included the Tuba Christmas ensemble and the LPSD Gold Band (which also features Cobras Band Students). Great job guys!



Students have applied for participation in the Alberta Junior Honour Band and the SK Junior and Intermediate Honour Bands North. We have had a great deal of interest in both programs, and I will be hearing shortly about which of our students will be selected to join these prestigious ensembles!

Our Jazzworks trip is coming up from Feb 3-4. Students in both Jazz 1 and Jazz 2 will participate in workshops, and for the first time our Jazz 1 band will be featured in the Showcase concert on February 3. **Jazz students should have permission forms and fees in no later than January 11, 2016.**

**Upcoming Dates (please mark in your calendars):**

**Jazzworks - Feb 3-4**

**Grade 8 Band Trip - Mar 16-17**

**Grade 7 Band Trip - April 12**

**Grade 9 Band Trip - April 16-17**

If children are not introduced to music at an early age, I believe something fundamental is actually being taken from them.

*Luciano Pavarotti*



# January 2016

## Programs for Parents

**Pre-registration is required for all programs**

**Class sizes are limited, so register early!**

**306-825-5911**

### Triple P Positive Parenting Programs

Focuses on ages 2-12



Held at *Midwest Family Connections*

**#103 4910 -50 Street**



### PARENTING GROUP

**Wednesdays, January 6 from 6:00-8:30 pm and January 13, 20 & 27 from 6:00 to 8:00 pm**

Join us for 4 weeks to look at ways to decrease behaviors in your children that you do not want to see, while also learning ways to help everyone get along, follow the rules and have fun! This program was featured on a CBC Television documentary called:

*"Angry Kids & Stressed Out Parents."*

### SEMINAR SERIES: **Thursdays from 9:00 to 10:30 am**

Attend one or all of the sessions

**Jan. 7** — The Power of Positive Parenting

**Jan. 14** — Raising Confident, Competent Children

**Jan. 21** — Raising Resilient Children

### INFANT MASSAGE: **Fridays, Jan. 8, 15 & 22 from 10:00 to 11:00 am**

Do you have a baby who is 3 weeks or older? Join us for information and massage techniques that can: help deepen the bond with your child, improve communication with your baby, stimulate your baby's growth and development and learn how to help relieve stress in both your child and yourself.



Held at *Midwest Family Connections*

**#103 4910 -50 Street**



**National Non-Smoking Week is January 17 – 23 and we want to encourage families to take action to create a tobacco-free future!**

The best way to protect your family and to work towards a tobacco-free future is to make your home and car tobacco-free. Children who grow up with parents who role model a tobacco-free lifestyle are less likely to use tobacco themselves. Work together as a family to make a plan.

- Talk about all of the benefits of having a tobacco-free home and vehicle.
- Plan for guests who may want to smoke.
- Set up an area outside away from doors and windows for smokers to use.
- Remove all ashtrays from inside your home and clean out the one in your vehicle.
- Hang signs to welcome guests to your tobacco-free home and vehicle.

#### Benefits of a Smoke-free Home & Vehicle

- Improved health by reducing or eliminating exposure to the 7,000 chemicals in tobacco smoke, including 69 known to cause cancer.
- Creating smoke-free environments offers protection from the harmful effects of second and third hand smoke.
- Is better for children's health because they are still developing physically and have higher breathing rates.
- Reduces the incidence of childhood asthma and long term respiratory problems.
- Reduces the risk of non-smoking adults developing heart disease.
- The health of your pets will improve.
- The air in your home and vehicle will be much fresher, cleaner and will smell better.
- You will lower the chances of fire in your home
- Your cooking will taste better because your ingredients have not absorbed the smell of second-hand smoke.
- You will save time, money and energy by not having to clean your curtains, walls, windows and mirrors as often.
- You won't need to paint your walls and ceilings as often.
- The resale value of your home and vehicle may be greater.
- You will be less distracted while driving and you will lower the chances of traffic violations and accidents.

For more information: **Health Canada - Make Your Home and Car Smoke-free**

**Celebrate your success as a family to create a tobacco-free future!**



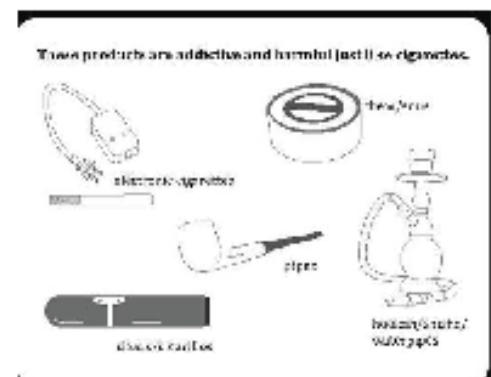
**Our vehicle is  
Smoke-Free!**

**For more information or for available programs & services in your area contact:**

Mental Health Help Line	1-877-303-2642
Addiction Help Line:	1-866-332-2322
HEALTHLINK Alberta	811

Don't be fooled by tobacco in disguise and be sure to include these products in your plan for a tobacco free home & vehicle. Tobacco is harmful no matter how it is used. All of these products can have nicotine in them, even when the label says they don't. They can also have the same harmful chemicals that cigarettes do.

[www.albertaquits.ca](http://www.albertaquits.ca)



# DAILY EVENTS:

## MONDAYS

Jazz 2 3:15 pm  
Boys' A Basketball Practice 3:15-5pm  
Middle School Art Club 3:30-5pm

## TUESDAYS

Boys' Basketball Practice 7am  
Jazz 1 7:45-8:30 am  
Yoga Club 12:10 pm  
Middle School Math Club 12:30 pm  
Girls' A Basketball Practice 3:30-5pm

## WEDNESDAY

Boys' A Basketball Practice 7am  
GAAC @ Noon (Even Days)  
Girls' A Basketball Practice 3:15-5pm  
Gold Band 3:30 pm

## THURSDAYS

3 on 3 Basketball 7-8:15 am  
Jazz 1 7:45-8:30 am  
Basketball and Tripleball Games 3:15

## FRIDAYS

B Basketball Practice 7-8:15 am

**Middle Years Art Club**  
Art club will be held on only the following dates for January and February:  
January 18 and 25  
February 8 and 29



College Park School has partnered with Boston Pizza Lloydminster to help raise money through the Operation Education Program. It is an easy and effective fundraising program where our school will receive five percent back in cash on all items purchased, excluding alcohol, at Boston Pizza every month, for an entire year.

It's very simple! Every time you order from Boston Pizza Lloydminster through dine-in, take-out or delivery, retain your receipt and send it to school with your child to give to his/her teacher. Or simply write the name of your child's school on the receipt and tell your BP's server that you would like them to put it in the school fundraising box.

Make sure you send in all your receipts, and tell your friends and family about it as well, every dollar counts!

## Lost and Found

Please come in and check out our overflowing lost and found!

## MISSED OUT ON LAST YEAR'S YEARBOOK?

We have a few more of last year's yearbooks for sale in the office. Yearbooks are \$30 . We accept cash or cheques made out to LPSD.



# JANUARY 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 New Year's Day	2 
3	4 Day 1 Classes Resume  K1/K3	5 Day 2  K2	6 Day 3 Epiphany  K1/K3	7 Day 4 Middle School Dance 6:30-10 pm Orthodox Christmas  K2	8 Day 5  K1/K3	9
10	11 Day 6  K2	12 Day 1  K1/K3	13 Day 2 Early Dismissal 2:15 pm  K2	14 Day 3 Girls' Group Bracelet Making Orthodox New Year  K1/K3	15 Day 4  K2	16
17	18 Day 5 Martin Luther King Day  K1/K3	19 Day 6 SCC Meeting 7 pm  K2	20 Day 1  K1/K3	21 Day 2  Kindergarten Field Trips to A Bit Extreme  K2	22 Day 3 Hot Lunch  K1/K3	23
24/31	25 Day 4 Tu B'Shevat  K2	26 Day 5 Celebrations Assembly 1:10 pm  K1/K3	27 Day 6  K2	28 Day 1 Grades 7-9 Report Cards Home  K1/K3	29 No School Professional Development Day	30